5.1.2 Capacity building and skill enhancement initiatives taken by the institution in the last five years

A brief report on the Capacity building & skill enhancement courses

The college offers a number of certificate courses in order to gain expertise in different fields apart from conventional studies, for the purpose of career advancement. Ayurveda is gaining importance in recent times when people are hugely relying on allopathic medicines with visible side-effects. Hence classes on Ayurveda are held every week. Along with that, yoga classes take place which helps students to take care of their overall health and mental well-being. There are other courses on Computer Applications and Spoken English to improve proficiency in English language and communication. These certificate courses help our students in overall personality development and learn soft skills for a bright career ahead.

Thus, the four courses for enhanced learning are:

- 1. Ayurveda
- 2. Yoga
- 3. Computer Course
- 4. Spoken English

Name of Resource person for the courses:

- 1. Ayurveda- Dr. Rup Mukherjee
- 2. Yoga- Monalisa Bhattacharya
- 3. Computer Course Fatma Munira Ahmed
- 4. Spoken English- Tasnima Yasmin

Sunanda Haldar

Dr. SUNANDA HALDAR PRINCIPAL MILLI AL AMEEN COLLEGE (For Girl 43, H K Konar Road, Kolkata - 700)